



Registered Charity No 270486



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### **Where ?**

Dreadnought operates all of its services from its Centre in Pool, Redruth and on an outreach basis in the North, East and West of the County. Please contact the Centre at Pool where you will be directed to the appropriate staff team member, or visit our website for all contact details.

Carn Brea Lane  
Pool  
Redruth  
TR15 3DS  
Ph: 01209 218764  
Fax: 01209 219797

Email: [team@thedreadnought.co.uk](mailto:team@thedreadnought.co.uk)

### **Who can refer ?**

Children and young people who are referred to Dreadnought usually have had a need identified by a professional in their life; be it a social worker, teacher / educational professional, Connexions worker, doctor or health professional etc. However — anyone can refer to Dreadnought. If you have a concern for a child or young person please contact us and have a chat about whether we can be of help.

***Call us and have a chat!***

**The Dreadnought Centre- “A registered Charity working with children and young people aged 8—19 who are experiencing difficulties in their lives—be it emotional, physical or behavioural. Putting positive adult role models into young people’s lives and empowering them to make decisions for themselves.”**

## **“What can Dreadnought do for me”**

### **What Dreadnought can offer:**

Dreadnought works with children and young people who are experiencing difficulties in their lives and this includes those children and young people who are adopting an ever decreasing profile and are in danger of disappearing “off the radar” as well as those with a high profile. We combine traditional activities with creative arts using this as a medium for empowerment.

Dreadnought offers a diverse range of support programmes some examples of which are listed below:

- **Anger management**
- **Self esteem building**
- **Bereavement**
- **Post abuse**
- **Domestic violence**
- **Parent and child (domestic violence)**
- **Leaving care**
- **Eating disorders**
- **Sexual health**
- **Mentoring**
- **“Me Time” for young carers**
- **Socialisation groups**
- **School holiday activities**

Dreadnought offers its programmes of work on a one to one and /or group basis. In addition to the above Dreadnought has specific issue based programmes such as:

- **Aspires**
- **Hotspot**
- **What About Us?**

The above is not an exhaustive list and the service you require may not be listed but the probability is that in over 30 years we have worked with most emotional and behavioural issues facing young people so please

**JUST ASK !**



### **Philosophy and work practice:**

The ethos of Dreadnought remains at the centre of every piece of work we deliver Countywide. We operate within a child centred philosophy, aiming to always adhere to the child / young persons agenda and not our own. We offer non-confrontational, unconditional acceptance to the children and young people who are the service users. Dreadnought aims to separate the child from their behaviour and to challenge unacceptable behaviour in a non-confrontational way. We are keen to enable our service users to experience their feelings and to understand them and then, hopefully, through a process of informed supported choice, enable them to take control and make the changes they want. All of Dreadnought’s staff, sessional workers and volunteers are police checked through the Criminal records Bureau to enhanced level.



### **Why “Dreadnought”?**

In the earliest days a seed of an idea of a philosophy of working with young people which blossomed into “The Dreadnought Centre”-a fledgling project was given permission by a descendant of Sir Edward Boscawen of Truro to use his nickname “Old Dreadnought”. The project registered as a Charity in 1976 and The Dreadnought Centre was born.

### **Charitable Aims and Objectives:**

“In the interests of social welfare to provide, or assist in the provision of, educational, recreational or other leisure time facilities for the beneficiaries, with the object of improving their conditions of life and their physical, mental or moral improvement”.  
Dreadnought Constitution 1976.