

DREADNOUGHT

ASPIRES

**Autism Socialisation Programme =
Inclusion, Recreation, Enjoyment
and Socialising**

DREADNOUGHT



CENTRE

Charity No. 270486

Why would young people want to join this group?

Because it'll be fun! Young people will be mixing and socialising with other young people like themselves.



Who is the group for?

ASPIRES is for young people aged 13 to 17 who have a definite diagnosis of an autism

spectrum disorder. Young

people need to be in mainstream education,

although this includes specialist provision in

mainstream schools, Education out of School, home tutored and Pencalenick School, Truro.



Where is it all happening?

Locations for Aspires groups are subject to where there is most need. We offer a countywide service. If you wish to make a referral, please contact us and we can tell you where your nearest group is running!



What is it all about?

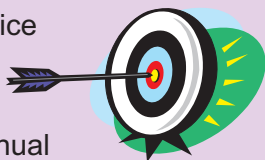
To begin with, young people will join a weekly evening group. The aims of the group are to develop and improve social skills, build confidence and independence skills, to make friends, to try new things but most importantly to have fun!

When young people are ready, we will help them link into community activities. Young people will choose an activity that they would



like to do, and they will have an Aspires worker accompany them to provide support until they are confident and comfortable enough to attend alone. In the past, young people have chosen: archery, dance classes, youth clubs, bowling etc.

We also run a series of holiday activities during the school holidays. As a group, young people choose the activities they want to do. We have undertaken activities such as: horse riding, rock climbing, surfing, ice skating etc.



We also currently offer an annual residential, which is a multi activity weekend. All young people involved with the project will have the opportunity to go if they choose.

What do we do?

We have fun! We do group activities around social skills, creative arts, sports and games, play on the Wii, music and lots more!



So, how do I get involved?

For more information about the project, or if you are considering making a service request, please contact Joanne Mann, Dreadnought Aspires Coordinator or Joanna James, Dreadnought Aspires Assistant Coordinator at the Dreadnought Centre.

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The Dreadnought Centre

The Dreadnought Centre is a registered Charity working with children and young people who are experiencing difficulties in their lives - be it emotional, physical or behavioural. Dreadnought believes in putting positive adult role models into young people's lives and empowering them to make decisions for themselves.

All of the work with children and young people delivered by Dreadnought Countywide operates within a child centred philosophy. This means that Dreadnought will always aim to adhere to the child / young person's agenda and not their own. Dreadnought offer non-confrontational, unconditional acceptance to the children and young people who are the service users, aiming to separate the child from their behaviour and to challenge unacceptable behaviour in a non-confrontational way.



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