



Parent & Child Sessions

**Would you like to re-connect with your child?
Do you have a desire to communicate and interact with your child more - build a bond whilst having a fun relaxed time together and without the constraints of everyday life?**

The Dreadnought Centre is offering the opportunity to:

- Look at building a bond and improving the relationship between parent and child.
- Discuss positives, negatives and strengths of the relationship.
- Look at accepting and valuing one another.

These sessions will include:

- One to one work.
- Discussions.
- Creative time, play, games.



Charity Reg No 270486

Celebrating over 40 years
of working with children and
young people in Cornwall

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Both Parent and child need to be willing to engage and be open to the use of play and creativity within the sessions.

These sessions are for one child and one Parent who feel that they are just not getting on and wish to recapture their bond.

If you would like further details or a referral form then please contact the Centre.